

# HOW TO USE THE PLANNER

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## What is the #FamilyTeamWork planner?

Well ... you know! It is a way to organise the chores and tasks more equally within your family and to work together as a team.

Like every team, it is important that every family member feels involved and knows what is expected, for that our advice is to have a goal that you set for your family.

## How to work as a team in the family?

As a team, you need to have your eyes on the prize. Change the way you view tasks and chores! For so long we have been hearing that we need to do them just because ... we must and that is it!

But what is the end goal here? Having a fair redistribution of tasks in your family means that **all the family members take their share but also that everyone has time to relax and take care of the team's wellbeing**, that more time is free for family time, that the home is a nicer place for everyone to live in... pick your motivation.



## Filling the Planner - steps

1. Use the Bingo Cards to start a conversation in your family.
2. Set priorities together & team up to find a way to avoid uneven task-sharing.
3. Use the planner to write down the agreed division of tasks.
4. Take time to discuss and give feedback on how the sharing is working for you.

## Make the Planners unique - as your family!

- Download and print (or draw your own) the household planner that works best for you.
- Check out our different planners in the next pages, use them individually or combine them to make a #FamilyTeamWork planner that is unique like your family- COFACE represents all families and our planners do the same!
- Recycle the bingo cards: cut them up & use the tasks on them to fill your planners 😊 or make your own!
- Think sustainability when using the planner "reduce, reuse, recycle"!

### *Pro Tip*

Activity Jar – you do not want to decide who does what?

Let fate decide it! Together, write down the task that needs to be done this week/month and stick the papers in a jar.

Now let fate decide which one of these tasks will be on you (yes there are possibilities to trade, brush up on your negotiation skills!)

# FAMILY TEAMWORK

## WEEKLY PLANNER

**MONDAY**

NAME:

TASKS:

**TUESDAY**

NAME:

TASKS:

**WEDNESDAY**

NAME:

TASKS:

**THURSDAY**

NAME:

TASKS:

**FRIDAY**

NAME:

TASKS:

**SATURDAY**

NAME:

TASKS:

**SUNDAY**

NAME:

TASKS:

**BREAK TIME**

**END OF THE WEEK  
CHECK-IN**



SUCCESSFUL



NOT BAD



COULD BE BETTER

DEVELOPED BY:



# FAMILY TEAMWORK

## WEEKLY PLANNER

**NAME:**

1. Buy presents for family friends.

### END OF THE WEEK CHECK-IN

- SUCCESSFUL
- NOT BAD
- COULD BE BETTER

DEVELOPED BY:



menengage

# FAMILY TEAMWORK

## WEEKLY PLANNER

NAME:

TASKS:

NAME:

TASKS:

NAME:

TASKS:

NAME:

TASKS:

NAME:

TASKS:

NAME:

TASKS:

### END OF THE WEEK CHECK-IN

- SUCCESSFUL
- NOT BAD
- COULD BE BETTER

DEVELOPED BY:



menengage

# FAMILY TEAMWORK

## DAILY PLANNER

NAME:  
TASKS:

NAME:  
TASKS:

NAME:  
TASKS:

NAME:  
TASKS:

NAME:  
TASKS:

NAME:  
TASKS:

NAME:  
TASKS:

NAME:  
TASKS:

NAME:  
TASKS:

DEVELOPED BY:



# A BETTER SOCIETY FOR ALL FAMILIES



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