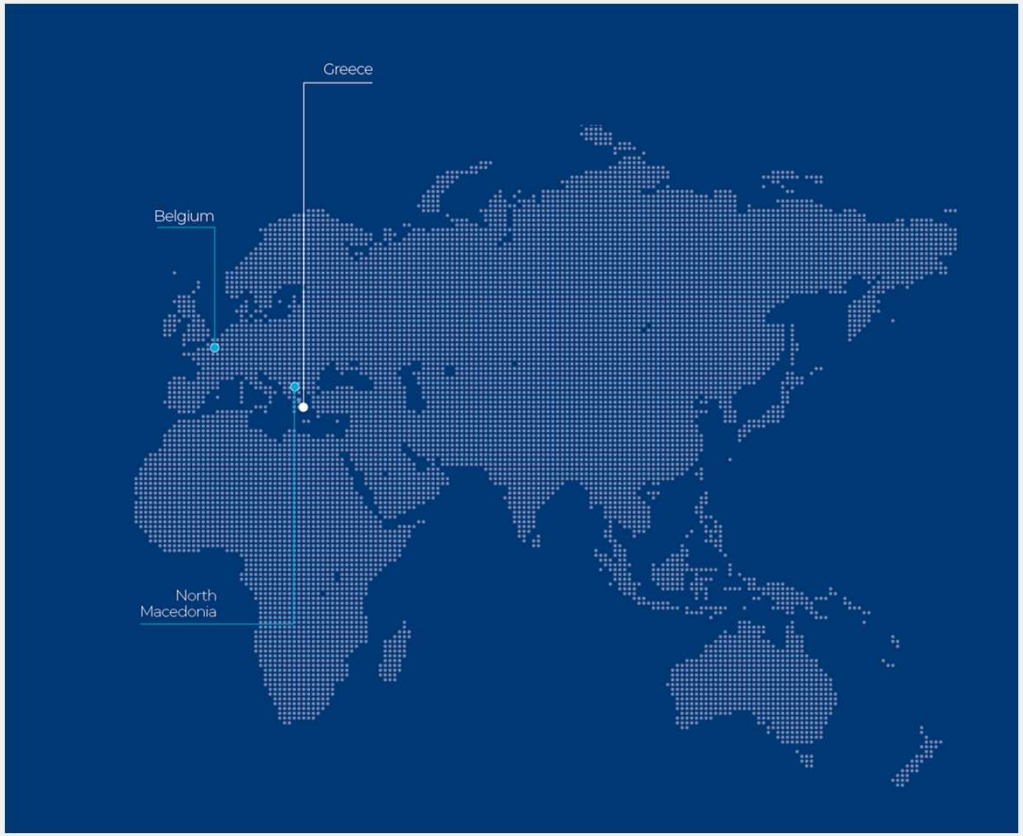
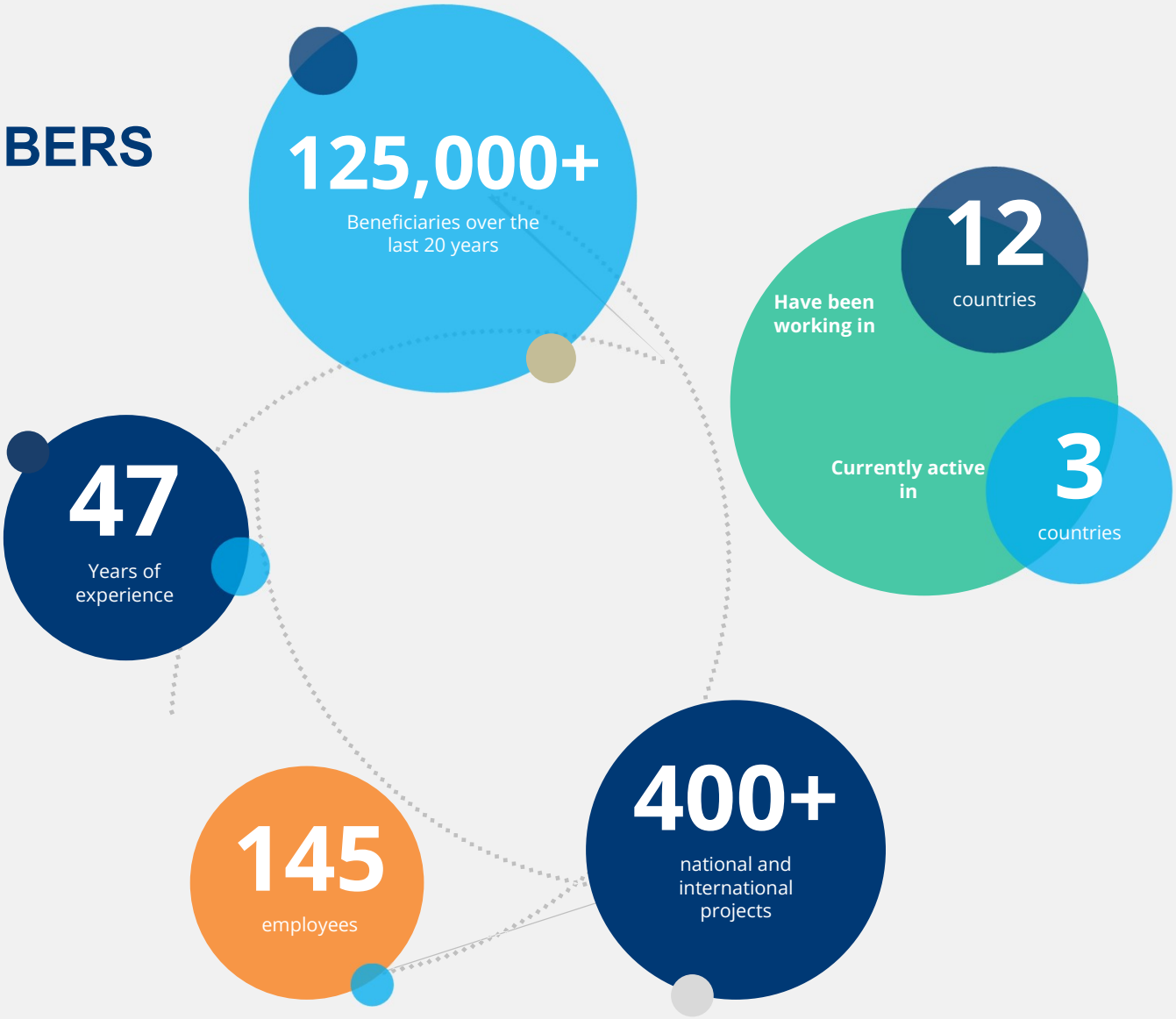
Andreas Rentzis rentzis.a@kmop.org

WHO WE ARE

- Established in **1977**, KMOP is one of the oldest civil organisations in Greece.
- Offers **social support services** and implements **various programs** aimed at empowering and enhancing the wellbeing of individuals and communities.
- Currently present in 3 countries, with permanent offices in Athens, Piraeus, Kifisia, Thessaloniki, Brussels, Skopje.



KMOP IN NUMBERS



AREAS OF WORK

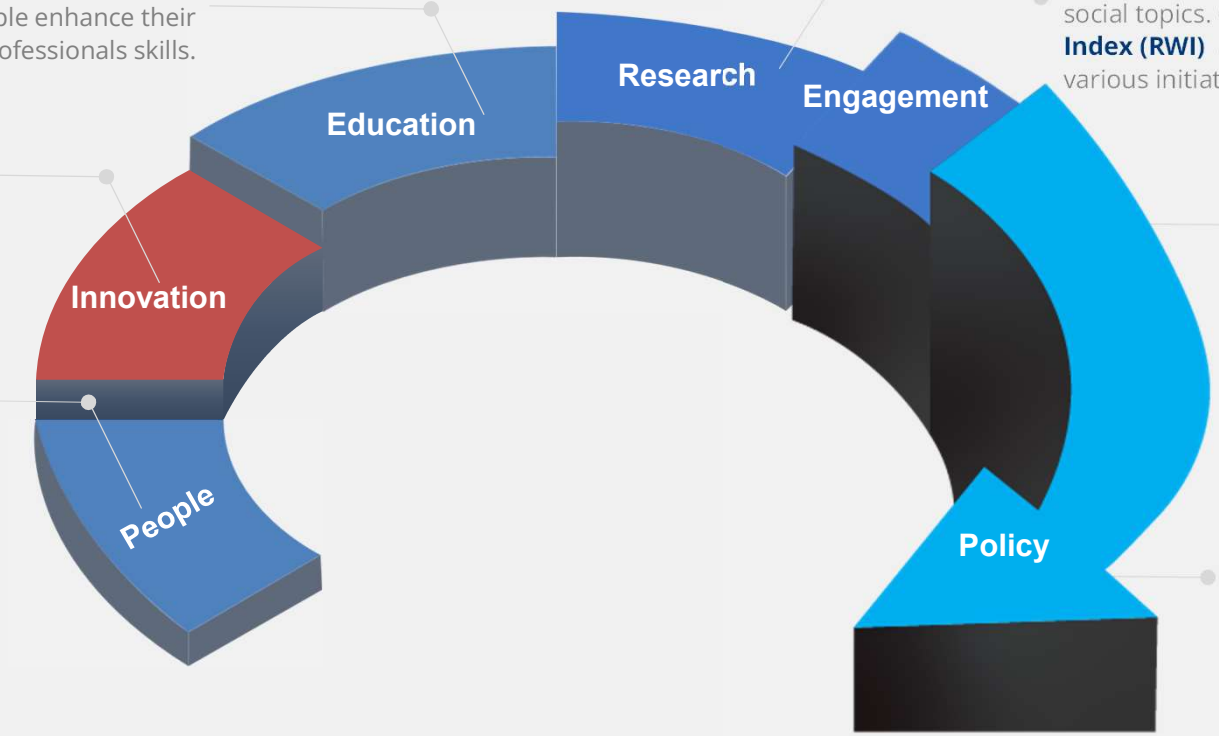
- **Health Promotion & Wellbeing:** mental health & psychosocial support, elderly, disabilities, ASD, health promotion & wellbeing, sports
- **Human & Fundamental Rights:** migration, sex gender sexuality, SGBV, trafficking, discrimination, child protection
- **Civil Society & Democracy:** civic participation, preventing violence, extremism & radicalisation, quality of democracy
- **Social Inclusion & Employment:** employment, employability, entrepreneurship, social inclusion
- **Education:** school education, ECEC, early school leaving, digital strategies for schools, digital learning in Higher Education

OUR APPROACH

We offer **educational courses** and **resources** to help people enhance their personal and professionals skills.

We collect data from our work in the field and **conduct research** on a wide range of social topics. Our **Reframing Welfare Index (RWI)** assesses the social impact of various initiatives and programmes.

We turn our experience in the field **into impactful social interventions** and **pilot actions**. During the last 20 years, we have designed and implemented more than 350 projects.

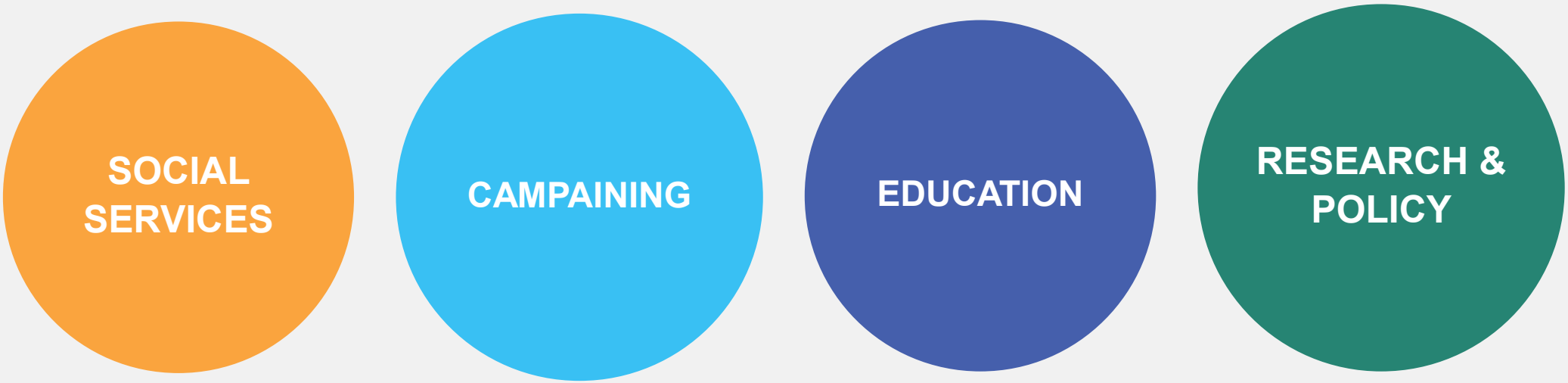


We **adopt a multi-stakeholder approach**, engaging in our initiatives major actors in the public and private sectors, as well as the civil society, to effectively drive social change.

We support and empower individuals and communities through **direct social services** and **online counseling services**.

We **provide evidence** and **recommend policies** that reduce welfare disparities and reintroduce prosperity.

SERVICES



SOCIAL SERVICES

3 Group Houses and **1 Day Care Center** offering protection and support services to individuals suffering from mental health disorders

Social Net centre, offering counseling, empowerment, and psychosocial support to vulnerable groups of people. https://social-net.kmop.org/en/

Online counselling services: 'Live Without Bullying' platform offers support to students and adults for the prevention and combating of school and cyber bullying – Counselling services for the reintegration of vulnerable people in the labour market.

Live
Without
Bullying
.com

CYBERBULLYING

The use of new technologies and the internet by one or more people to deliberately harass other people.

- Intimidating text messages - sexting
- Posting offensive, degrading photos or videos
- Threatening mobile phone calls
- Intimidating e-mails/emails
- Torrential harassment with instant messages (sms, messenger etc.)
- Defamatory posts on various websites or social media (facebook, twitter)

Difference from other types of bullying
It is very difficult to contain

What we do about it!

1.Training for Primary and Secondary School Teachers

Managing School Bullying-Effective Skills for Educators-a Benefit for Children, Families, and Schools - This is the most recent training by Live Without Bullying, developed in 2023 by KMOP and COFACE-Families Europe

2.Training for Parents

This is a series of videotaped seminars aimed at helping parents to
a) recognize signs that may indicate their child is involved in a bullying incident,
b) improve communication with their child so they can effectively act in both preventing and addressing bullying.

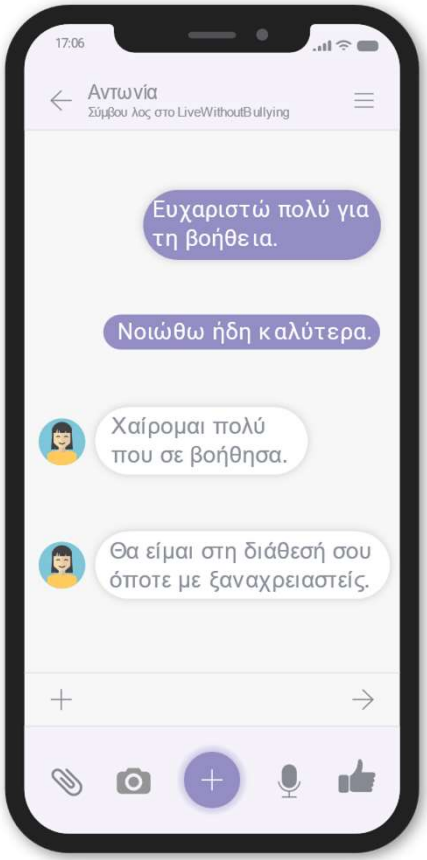
3. Educational Online Game titled "Become an Ambassador Against Bullying", for teenagers

This training can be used by both teenagers and educators for handling cases of school and cyber bullying. The educational game can be used as a supplement by educators for further discussion and reflection with their students

Live Without Bullying .com

The Anti-Bullying App

livewithoutbullying.com



Structure of the Programme

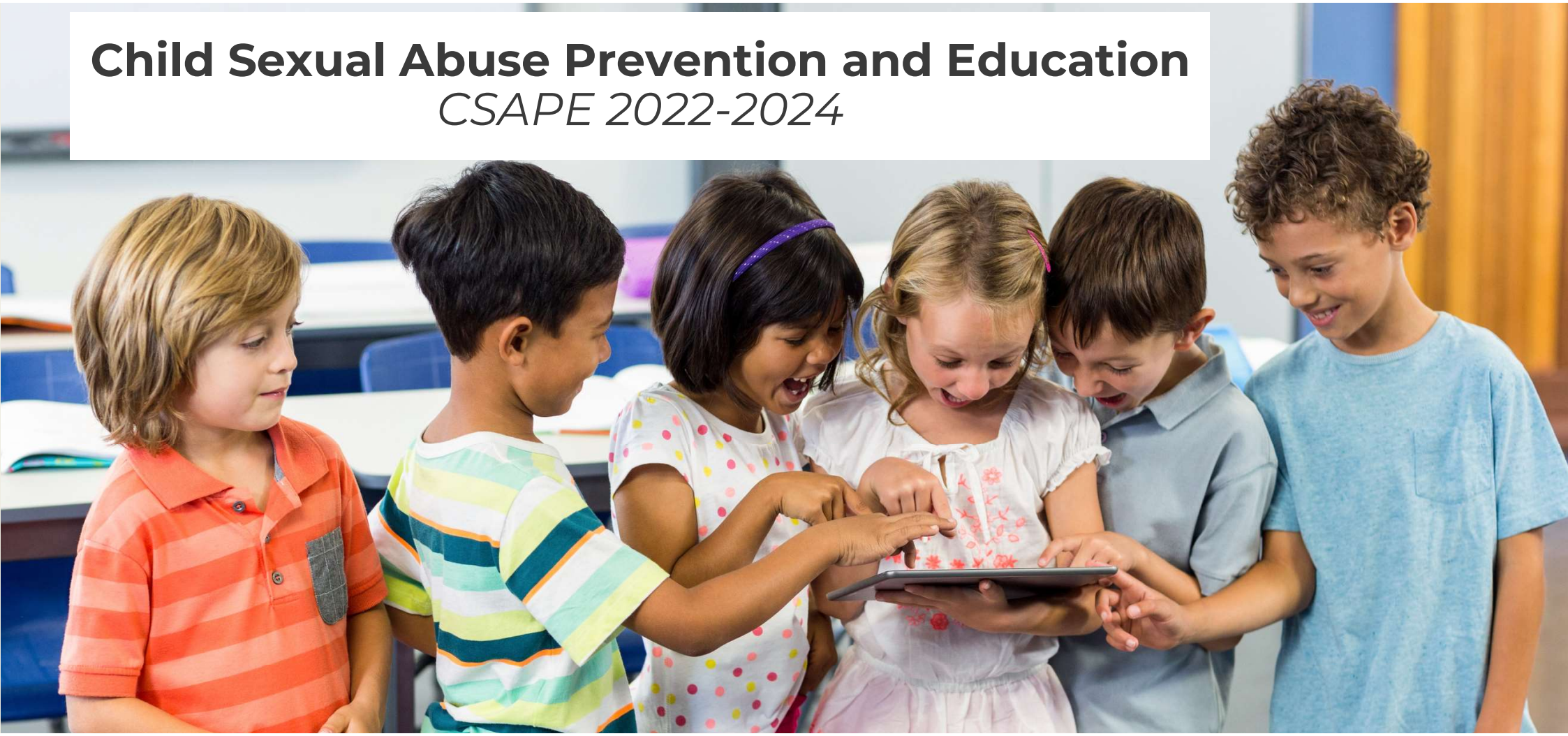
Consultants
Volunteer Graduate Psychologists

Users

- Kids
- Parents
- Teachers

Child Sexual Abuse Prevention and Education

CSAPE 2022-2024

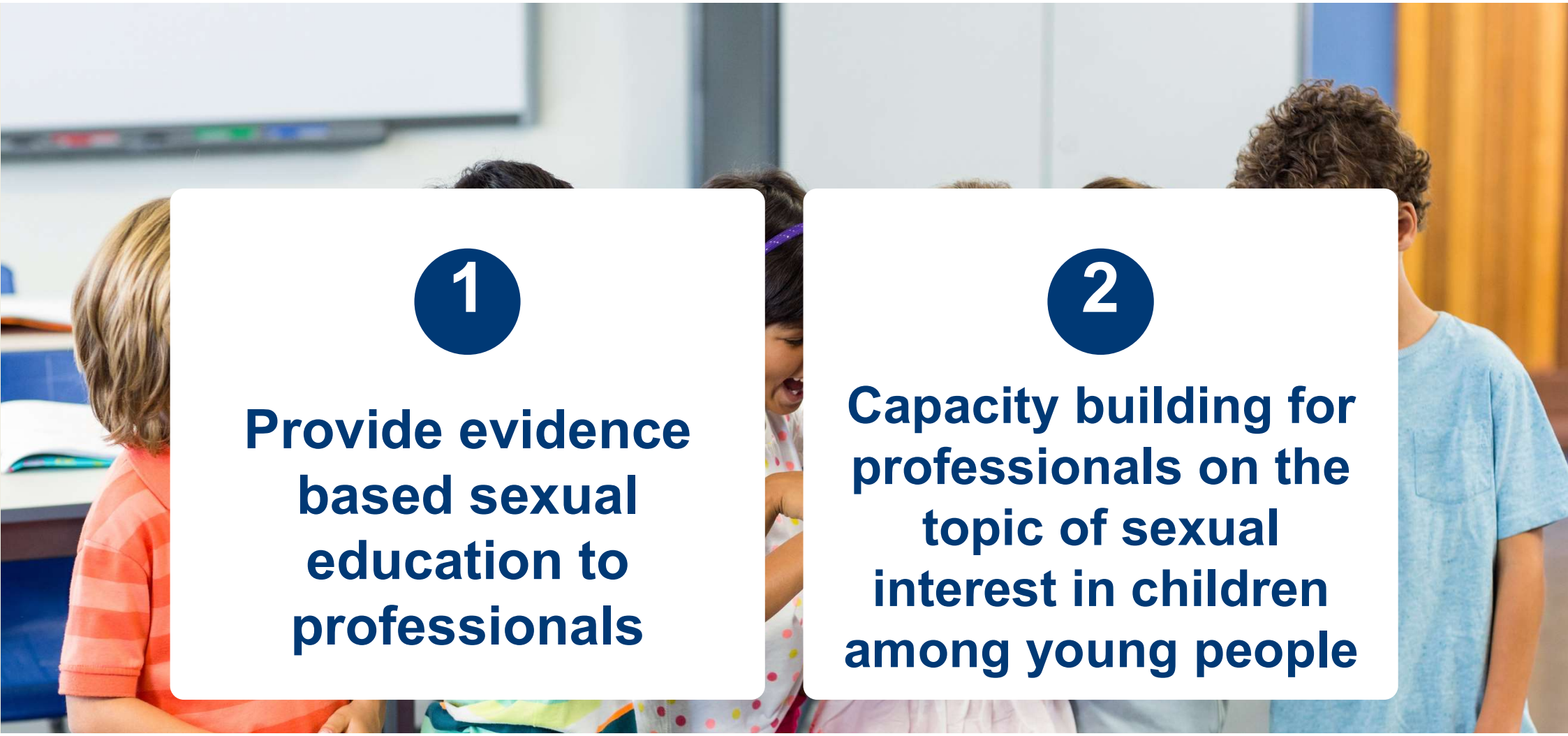


CSAPE
CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

Save the Children

KMOP

Funded by the European Union



1

Provide evidence based sexual education to professionals

2

Capacity building for professionals on the topic of sexual interest in children among young people

CSAPE
CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

Save the Children

kmop

Funded by the European Union

Your sexual rights

Human Body

Emotional & communication skills

Boundaries & consent

Protection of children from sexual abuse

5 PILLARS

Safety skills

1

(Cyber) bullying

2

(Online) abuse

3

(Online) grooming

Goals

- Recognise unsafe situations online and offline
- Know how to act in unsafe situations online/offline
- Identify and understand what grooming is
- Acknowledge the signs/tactics of grooming
- Understand that not only stranger adults may pose a danger to them but also adults they know
- Acknowledge the importance of saying “no” when they feel uncomfortable or unsafe
- Recognise and confide to trusted adults if they see anything uncomfortable or if someone tries to touch/contact them in a unsafe way

Child participation

Child participation

What we learned so far from children:

- Children know what CSA is, its forms and signs
- All children can be exposed to CSA, online environment face them with higher risks
- Online distribution of self generated body images are widespread and with grave consequences to children subject
- Pornography is as well very used by children and adolescents, and they can easily access those websites
- Children need more information about sexuality, CSA and how to protect themselves
- Children see the school as the primary player in providing information and they should do more about this
- Not all children feel they can speak freely with their parents about sexuality
- Lack of information, mentality, religion etc, prevent parents to have an open and supportive role to child sexuality and resilience

CSAPE
CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

You play in the backyard with your friends

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CSAPE
CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

You meet a new friend at the playground

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CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

You are being isolated and asked to keep an inappropriate secret from parents or legal guardian

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CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

Someone you don't know offers you candy

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You are scared or uncomfortable around someone specific

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You receive inappropriate messages or images

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A stranger asks you to video chat with them late at night

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A stranger on social media asks you to go out with them

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GENITALS

WORD SEARCH

Find the words listed below and mark them.

D	E	B	C	L	I	T	O	R	I	S	I
C	O	A	G	E	N	I	T	A	L	I	A
W	A	E	R	T	E	V	B	A	L	L	S
V	U	L	V	A	T	A	A	D	O	C	K
P	F	S	H	C	I	G	D	I	R	P	P
D	A	T	E	S	T	I	C	L	E	S	E
I	N	I	U	R	A	N	I	E	O	N	N
C	N	K	N	O	B	A	T	0	K	L	I
K	Y	W	I	L	L	Y	E	C	A	Y	S

- GENITALIA
- VULVA
- TESTICLES
- KNOB
- VAGINA
- FANNY
- PENIS
- WILLY
- BALLS
- DICK
- CLITORIS

CSAPE CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

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CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

PERSONAL SAFETY SUPERHERO/SUPERHEROINE CERTIFICATE

(CHILD'S NAME)

Has earned this certificate.
Keep up the great work!

Save the Children

KMOP

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LAW

REMEMBER TO BE THERE FOR YOUR CHILD

The CSAPE-project aims to prevent child sexual abuse by promoting sexual education and supporting young people who have a sexual interest in children. The CSAPE-project is executed in collaboration between Save the Children Finland, Save the Children Albania, Save the Children in North West Balkans, KMOP - Social Action and Innovation Centre Greece, and Barnaheill – Save the Children Iceland.

LAYOUT / ILLUSTRATIONS: KAISA ESKOLA 2023

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75 posts

CSAPE
CHILD SEXUAL ABUSE PREVENTION AND EDUCATION

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CSAPE–Child Sexual Abuse Prevention and Education

@CSAPE_project

EU (ISF) funded Child Sexual Abuse Prevention and Education -project collaboreted with:
@pelastakaalapse
@Barnaheill
@SaveChildrenAlb
@kmop_org
@scnwb

Non-Governmental & Nonprofit Organization
pelastakaalapset.fi/en/our-work-in... Joined February 2023

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CSAPE–Child Sexual Abuse Preventio @CSAPE_ · Apr 10 **Promote**
"For teenagers with existing mental health issues who seek comfort or answers online, social media looks custom-built to amplify whatever dark feelings of inadequacy they're already struggling with".

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THANK YOU!