



KINDLING A BETTER **WORLD**

## Main Target Groups that **KMOP** deals with:

- Disabilities & Mental Health
- Victims of Violence & Trafficking
- Children and Youth at Risk
- Families Facing Various Challenges
- Migrants, Asylum Seekers and Unaccompanied Minors

# Most Usual Forms of Discrimination in Greece

- Gender Stereotyping (Play it for Change, KMOP, 2018)
- Discrimination against migrants/ refugees (MEDIS, E-course and IntegratEd KMOP, 2018)
- Homophobic and transphobic school bullying (Hombat, KMOP, 2018)
- Overall bullying (Live without bullying KMOP, 2016-2018)
- Racial discrimination (Play it for Change, KMOP, 2018)



## E-Course

- Aims to enhance the access, participation and learning performance of (newly arrived) migrant and refugee children in primary school education in Greece, Germany, Italy, Cyprus and France.

**E-COURSE**

Enhancing the Participation and Learning Performance of Migrant and Refugee Children in Primary School Education

- Aims to strengthen the successful participation of newly arrived third-country national children in secondary education and to contribute to the combatting of discrimination against third- country national children in the educational environment in Greece, Italy, Spain, and the EU in general



# Medis

- The overall goal is to strengthen and consolidate social cohesion, intercultural education and local language in a multilingual framework of newly arrived migrants at primary and secondary schools in Greece, Cyprus, Spain, Italy, Bulgaria and Portugal, through the application of the Mediterranean Inclusive Schools Programme based on the LIC Plan an effective social inclusion action plan already developed and validated in Catalonia.



# HOMBAT

- Aims to contribute to the prevention & combating of homophobia and transphobia in Greece, Cyprus and Lithuania.



# Play it for Change

The aim of the project is to prevent and combat gender based violence in 12-18 year olds, using audio-visual media and music, to raise awareness about gender stereotypes and gender based violence and to educate the educational community about it, in Greece, Croatia, Poland, Slovenia and Spain.





# Gender Stereotyping

## Female Students:

- Have been asked to change a lot, to conform to the traditional gender roles “they judge girls, [be]cause they think they like pink, or they have the stereotype that [they] don’t do lots of sports, or [that they] do ballet and volleyball”
- Are sometimes mocked when participating in ‘male’ sports
- Men sometimes impose women “what to say, what to do, what clothes to wear and there aren’t a lot of girls that say that to guys”

## Male Students:

- Are presumed to be stronger
- Are not supposed to cry/ express deeper thoughts “I was at the cinema and I started crying because I was moved; some guys behind me laughed at me and told me to be a ‘man’”
- Have been mocked when participating in what are considered to be ‘female’ activities “it was 99% women and they were all staring at us, like what are they doing here, seriously? This is a mostly women’s thing”

*Results from Play it for Change-Raising Awareness And Empowerment Of Girls And Boys For The Prevention Of Gender Based Violence Through Audio-visual Media And Music (KMOP, 2018), please visit <http://playitforchange.org/>*

# Homophobic and transphobic school bullying

- Such bullying is also initiated by the school staff
- Verbal harassment is common
- Use of sexual orientation and gender identity terms as insults
- Mocking in sexual orientation and gender identity terms
- Intentional misgendering
- 38% of the educators that participated in the HOMBAT research reported having heard or learnt about negative comments by their colleagues towards the LGBTQI community

*Results from Combating HOMophoBic And Transphobic bullying in schools – HOMBAT (KMOP, 2018)*

*For more information, please visit [www.hombat.eu](http://www.hombat.eu)*

# Discrimination against migrants/ refugees

- Some parents of local students raised objections to the idea of having refugee pupils in schools
- Migrant/ refugee students are treated differently (e.g. are not given homework)
- There is a general perception of parents that reception classes are inferior to general classes

*Results from MEDIS- Mediterranean Inclusive Schools and Promoting Meaningful Integration of 3rd Country National Children to Education - IntegratEd (KMOP, 2018), please visit <https://www.integrated-project.eu/>*

# Consequences of discrimination

- Social isolation, ostracism
- Depressive feelings
- Loneliness
- Difficulties with social integration
- Physical and psychological difficulties
- Higher drop-out rates, early school leaving (ESL)

“  
**Live  
Without  
Bullying**  
.com



KINDLING A BETTER WORLD

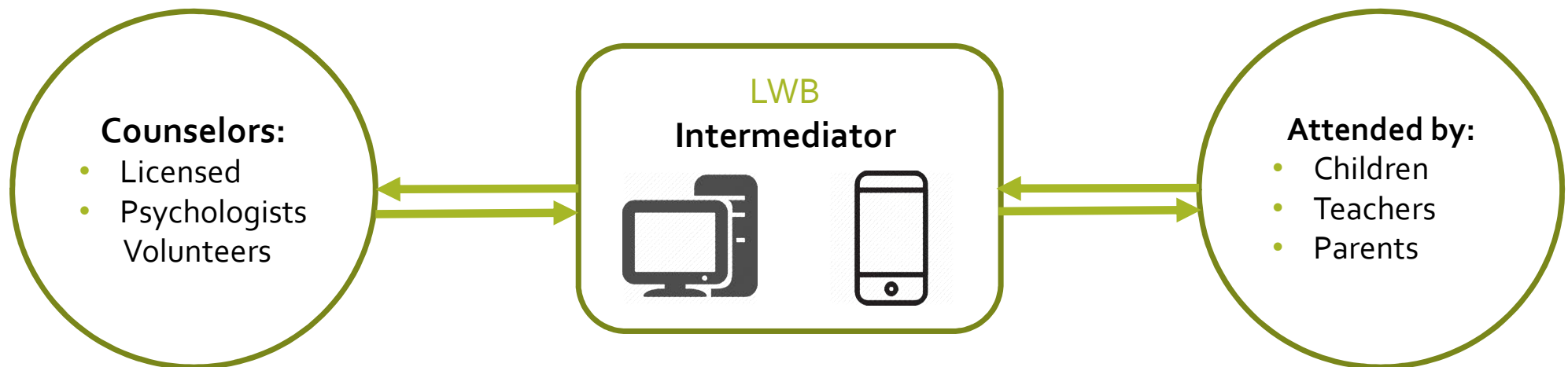
# Live Without Bullying

LWB is a holistic approach for combatting bullying since it responds to the increasing needs of children to find help and addresses to:

- Children aged 10 – 18
- Parents
- Educators



## LWB.com is the Intermediator between Users & Counselors



## Who are the counselors

- Professional licensed psychologists who are trained by KMOP
- Senior psychologists of KMOP who supervise the chats and can give any assistance to the counselors any time of the day. They are also responsible for organizing on-the-job trainings and seminars for the counselors and collaborate with them whenever there is a case where the Police- Division of Cyber Cryme- has to be informed.
- There is continuous technical assistance for the web page and the application





# Methodology & Approach of Online Counselling

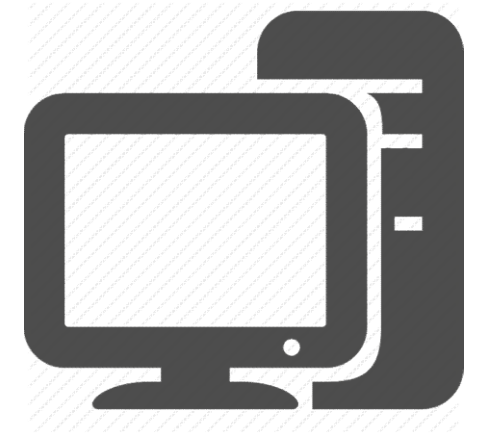
Combination of:  
***Person – centered + Cognitive Behavioral  
Approach***

## Steps of Methodology: For the Online Counselling


- 1 Active Listening
- 2 Brainstorming for solutions together with the child
- 3 Plan of actions: Counselor – Child - Follow Up

## Website

- Free
- Anonymous
- Easy Registration
- Online Messaging with counselors (licensed psychologists)
- Online Library
- Scientific Articles
- Great Platform for **Parents & Teachers**

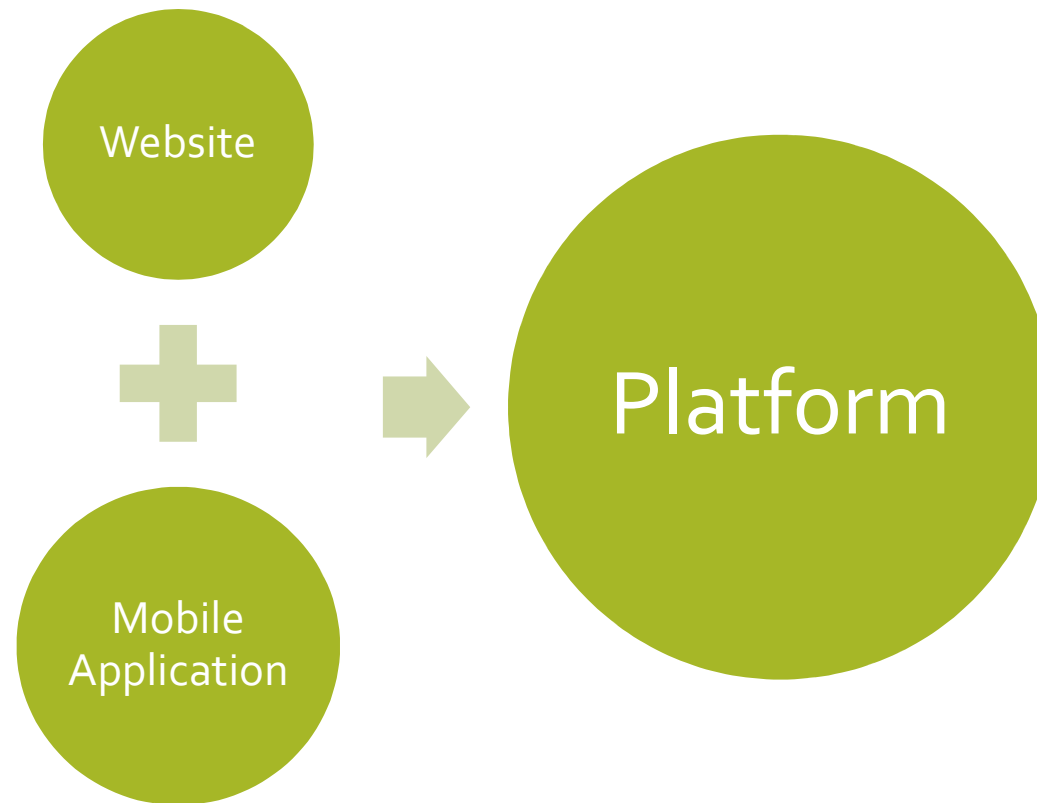


## Mobile Application

- Free
- Anonymous
- Quicker Registration
- Online Chatting with counselors (licensed psychologists)
- Great Platform for **Kids**
- Available now on **android**
- Soon on  **iOS**



# The platform LiveWithoutBullying



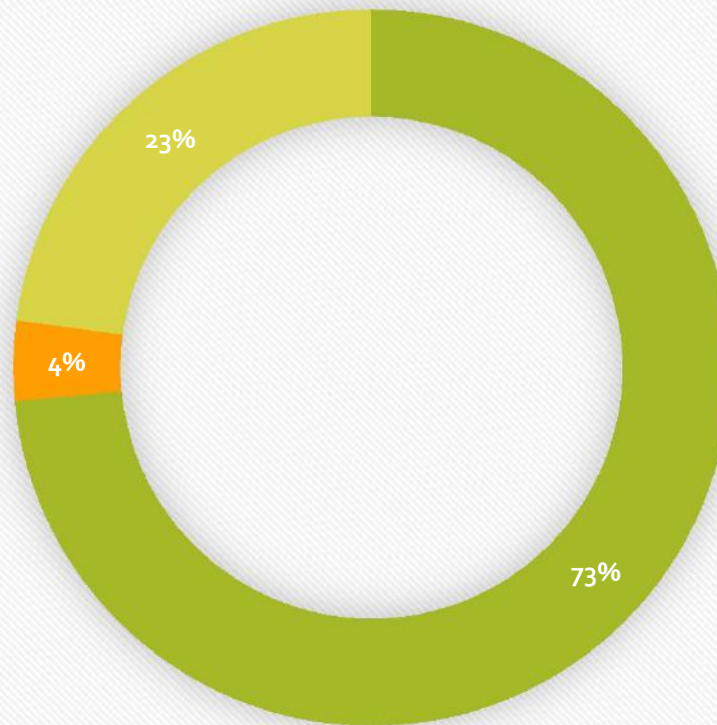
# Platform Data

*Based on Google Analytics 2017-2018*

- 24.000 New Users
- 4,13 Pages Per Session
- 10'30" Session Duration
- +50% New Visitors

# Statistics of Chatting

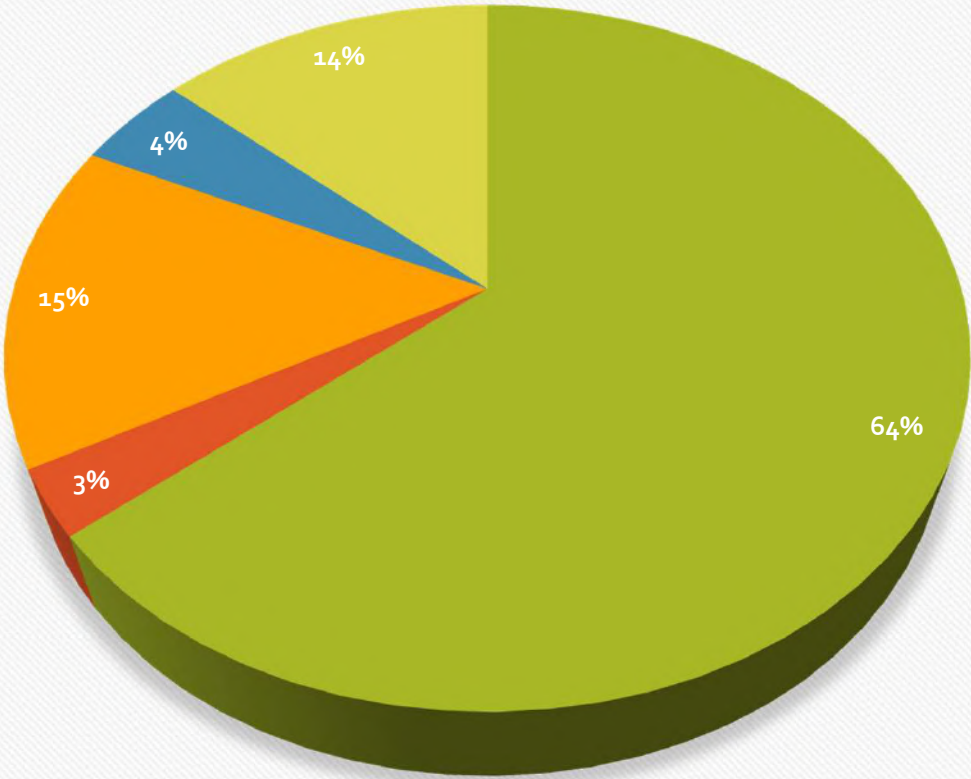
Based on 467 Chats June 2017-2018



■ Bullying at School   ■ Cyber Bullying   ■ Family & Friends Bullying

# Reported types of Bullying

Based on 467 Chats June 2017-2018



■ Verbal   ■ Physical   ■ Verbal & Physical   ■ Social Isolation   ■ Homophobic



# Training Courses KMOP empowered Coeus

**KMOP Created an Educational Platform**



**Coeus Enables Distance Learning  
and Much More**



PATH TO KNOWLEDGE



## Coeus Capabilities

- Live Webinars
- Offline Webinars (Videos)
- Access from all over Greece
- Free of Charge



PATH TO KNOWLEDGE



## Training courses for children ( pupils) and activities in Schools

- LiveWithoutBullying has visited various schools and educational institutions, both public and private, to inform children aged 10 – 18 about the LWB project and motivate them to become members of the LWB team.
- More than 1.000 pupils all over Greece were trained.
- 60% by digital trainings (Webinars)



## “Give me a Hand” Campaign

More than 1,500 pupils participated in the sensitization campaign “Give me a Hand”



## Training courses for educators

- 120 teachers in Athens and other parts of Greece were trained through Webinars about handling bullying behaviors at school.
- 100 teachers attended educational seminars in Athens.



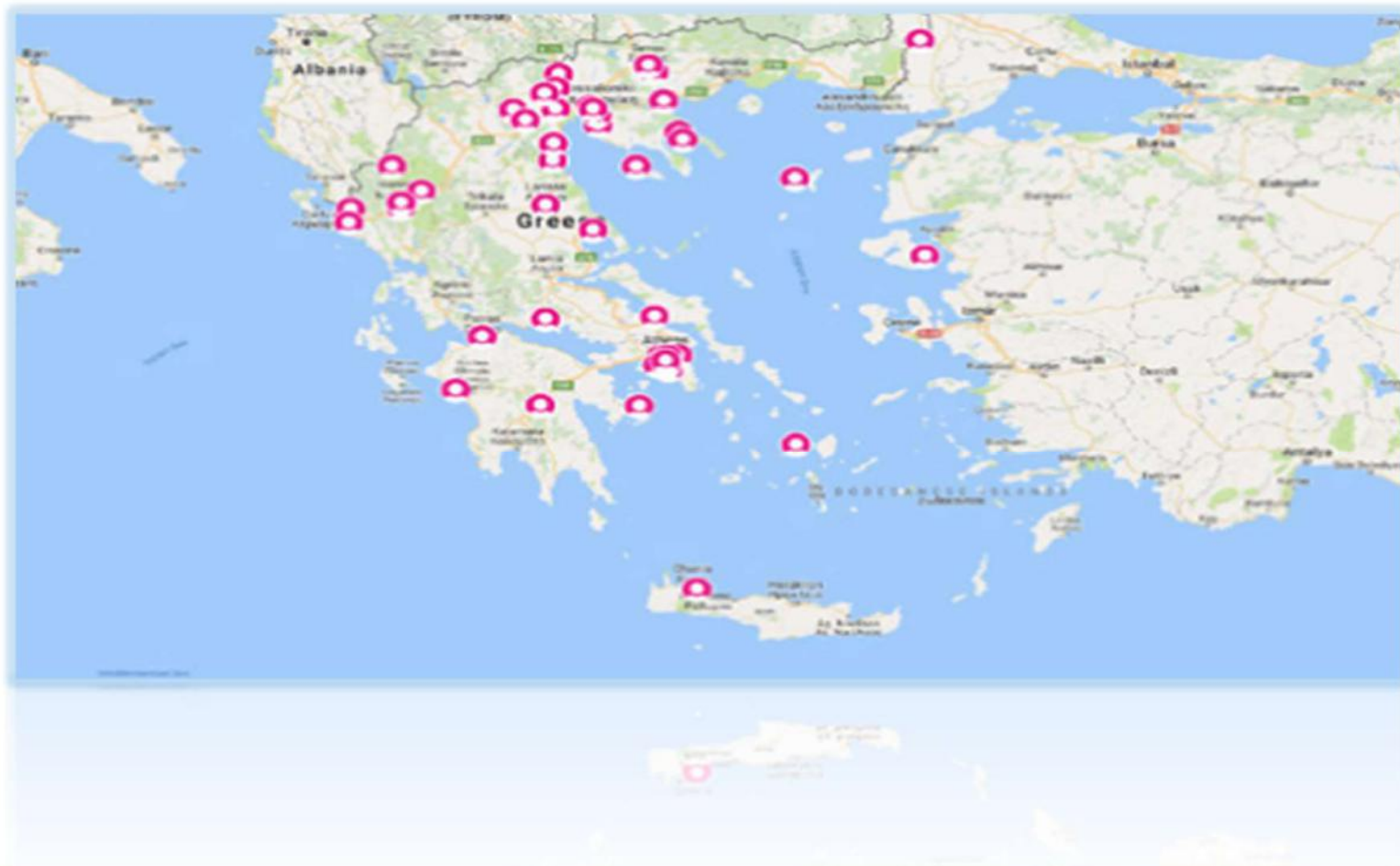
## Other information campaigns for educators in remote parts of Greece

- A number of campaigns for informing and training educators in Northern Greece & Crete have taken place since 2016





## Training Webinars all over Greece



## Training courses for Parents

More than 1.500 parents were informed about the LWB project and got feedback about recognizing and handling bullying behaviors that children use to get involved.





## Awareness Raising Events

- More than 26.000 visitors were informed in the kiosks of the 82<sup>nd</sup> & 83<sup>rd</sup> International Exhibition in Thessaloniki.
- A big Sensitization Campaign for raising public awareness called **“Speak to someone and find a solution”**, gathered more than 600.000 people who were informed about LWB



- An Info Stand was placed at the biggest Mall in Athens  
More than 10.000 people were informed about the program
- In co-operation with the Maritime groups of Thessaloniki and other public authorities, the summer sailing competitions of children were devoted to public awareness for the LWB project.



## Athletic Events

- More than 4.800 pupils and a great number of teachers participated in friendly basketball games which took place in Thessaloniki and Athens, between very famous Greek Teams ( including the veteran players of the National Greek team and the Euro Winners 2004)



## Sponsors of Awareness Raising Events

A number of private enterprises and companies gradually become supporters of LWB in a variety of ways





# COFACE Family Europe honored Live Without Bullying as good practice against bullying

-2017

“Live Without Bullying places kids at the heart of the program and offers valuable support from qualified volunteers aiming to fight school and cyber-bullying”

-COFACE



# Organizational chart

